

# Elite Dance

academy



Michelle was born and raised in Calgary and first fell in love with dance at the age of four at Elite Dance Academy. She competed in tap, dance, ballet, pointe, lyrical, modern and hip hop. Michelle has remained actively involved with the studio and Calgary's dance community since graduating. She has danced with professional organizations, such as the Calgary Roughnecks Drill Crew and the Calgary Stampeder Outriders. Being a part of those teams gave her the opportunity to dance and take workshops across Canada and the United States.

Michelle's dance credentials include graduating from ADAPT's three-year Teacher Training School in tap and jazz. Michelle has also choreographed for the halftime shows for the Calgary Roughnecks. Michelle also holds a Bachelor of Commerce (Finance) from the University of Calgary.

Michelle is passionate about teaching and is grateful for everything dance has taught her. It is so much more than learning dance steps and routines; it is about personal growth and cultivating confidence that allows you to achieve anything in life. She strives that every dancer leaves the classroom feeling better and more confident than they did when they walked in.

"Young dancers are training at a very vulnerable time in their lives ... So train the whole person, not just the dancer." – Deborah Bull